



# Hero Reel



Takt	Step	Name	Anmerkung
1-16	1. Step	Born to Live	
17-32	2. Step	Foreed to Fight	
33-48	3. Step	Doomed to Die	

## Born to Live – (First Step)

Takt	1. Hälfte	2. Hälfte	Lokomotion	Orientierung
1	Bang-Down	Treble-Up Tre-		DS
2	-ble-Up (F) Change	Toe-Hop (F)	S.145.	DS>DSL
3	Change	Toss-Up (F)	f	
4	Smack-Hop-On	In-Toss	f	
5	Up-Toe	(R) Snap-Down	S.C45.	DSL>DS
6	Treble-Up Tie-	-Heel-Drum Tie-Heel-	f.l.	
7	-Drum Tie-Heel-Drum	Hop-Toe	l.C90.	DS>SR
8	Lash-Down	Treble-Hop-Back	S.190.	SR>DS
9-16	Wiederholung von 1-8	Pos⇄	Dir⇄	Ori⇄

## Foreed to Fight – (Second Step)

Takt	1. Hälfte	2. Hälfte	Lokomotion	Orientierung
1	Slash-Down	Toss-Up	145f <sub>s</sub>	DS>DSL
2	Cast-Bird-Jump On	→	f	
3	Bang-Down	Brush-Change Brush-	C45.r.	DSL>DS
4	-Change Treble-	-Hop Toe-Lash-Down (F)	r.b.	
5	Treble-Hop-Back	Tie-Heel-Drum Tie-	b.r.	
6	-Heel-Drum Tie-Heel-	-Drum Tie-Heel-Drum	r	
7	Hop-Back	Up-Hop	180.f.	DS>US
8	Bang-Down	Treble-Hop-Back	f.180.	US>DS
9-16	Wiederholung von 1-8	Pos⇄	Dir⇄	Ori⇄

## Doomed to Die – (Third Step)

Takt	1. Hälfte	2. Hälfte	Lokomotion	Orientierung
1	Bang-Down	Brush-Up-Toe-Hop	190.f.C90 <sub>s</sub>	DS>SL>CL>DS
2	Brush-Hop	Up-Toe (F)	↓	↓
3	Smack-Hop-On	In-Toss	↓	↓
4	Up-Flick	Wrapeut		
5	Bang-Down	Brush-Up-Brush-Up	f	
6	Treble-Hop-Back	Brush-Up-Change	f	
7	Treble-Hop-Toe	Hop-Treble-Up (F)		
8	Side-Pincerswitch	Up(Twist)-Dig		
9-16	Wiederholung von 1-8	Pos⇄	Dir⇄	Ori⇄

\*\*\*\* Verse \*\*\*\*

Bang Down Up In Up Toz Drum Tie Heel Drum	Tre-ble Up Tre- Toss Up Rear Slice Down Hop Toz	-ble Up In Up Smack Hop On Tre-ble Up Tie Lash Down	Toe Hop In Toss Heel Drum Tie Heel Tre-ble Hop Back
Bang Down Up In Up Toz Drum Tie Heel Drum	Tre-ble Up Tre- Toss Up Rear Slice Down Hop Toz	-ble Up In Up Smack Hop On Tre-ble Up Tie Lash Down	Toe Hop In Toss Heel Drum Tie Heel Tre-ble Hop Back
Slash Down Bang Down Tre-ble Hop Back Hop Back	Toss Up Brush Step Down Brush Tie Heel Drum Tie Up Hop	Cast Bird Step Down Tre-ble Heel Drum Tie Heel Bang Down	Jump On Hop Toe Lash Down Drum Tie Heel Drum Tre-ble Hop Back
Slash Down Bang Down Tre-ble Hop Back Hop Back	Toss Up Brush Step Down Brush Tie Heel Drum Tie Up Hop	Cast Bird Step Down Tre-ble Heel Drum Tie Heel Bang Down	Jump On Hop Toe Lash Down Drum Tie Heel Drum Tre-ble Hop Back
Bang Down Smack Hop On Bang Down Tre-ble Hop Toz	Brush Up Toe Hop In Toss Brush Up Brush Up Hop Tre-ble Up	Brush Hop Up Flick Tre-ble Hop Back Pincer Switch	Up Toz Wrap Cut Brush Up Step Down Twist Dig
Bang Down Smack Hop On Bang Down Tre-ble Hop Toz	Brush Up Toe Hop In Toss Brush Up Brush Up Hop Tre-ble Up	Brush Hop Up Flick Tre-ble Hop Back Pincer Switch	Up Toz Wrap Cut Brush Up Step Down Twist Dig