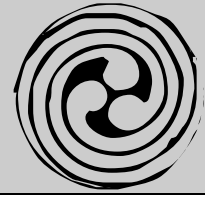




The Three Sea Captains



"The Three Sea Captains", irisch "Na Tri Taoiszaea", besitzt einen Step von 8 Taktten und ein Set von 20 Taktten.

Western Step – (First Step)

Takt	1. Hälfte	2. Hälfte	Lokomotion	Orientierung
1-2 (2x)	Trèble-Rise	→	DS	
3	Whip-flop-Up	Whip-flop-Up	f	
4	Whip-flop Up (F)	Essence	f	
5-6 (2x)	Trèble-Rise	→	b	
7-8	Trèble-Rise & Grind	→	b	
9-16	Wiederholung von 1-8	Pos⇆	Dir=	Ori=

Western Set – (First Set)

Takt	1. Hälfte	2. Hälfte	Lokomotion	Orientierung
1	Brush-flop-Up	Brush-flop-Up	f	DS
2	Brush-flop-Up	Hit-flop-Down	↻90;S;C90;	DS>S↳DS
3	Down-flop-Up	Hit-flop-Down (F)	C90;S;↻90;	DS>SR>DS
4	Tip-Step Whip-	-flop onto-flegel		
5	Brush-Change	Brush-Change	r	
6	Tip-Step Whip-	-flop onto-flegel		
7	Brush-Change	Brush-Change	l	
8	Tip-Step Whip-	-flop onto-flegel		
9-11 (3x)	Trèble-Rise	→	b	
12	Tip-Step Whip-	-flop onto-flegel		
13-14	Trèble-Rise	→		
15	Whip-flop-Up	Whip-flop-Up	f	
16	Whip-flop Up (F)	Essence	f	
17-18 (2x)	Trèble-Rise	→	b	
19-20	Trèble-Rise & Grind	→	b	
21-40	Wiederholung von 1-20	Pos⇆	Dir⇆	Ori⇆

Eastern Step – (Second Step)

Takt	1. Hälfte	2. Hälfte	Lokomotion	Orientierung
1	Brush-Change	Shuffle-Wash	r.p.	DS
2	Treble-Flop-Back	Brush-Step-On (F)	p.f.	
3	Flop-On-Hurl	Down-Up-Hurl	f	
4	Change Whip-	-Flop onto-Heel		
5-6 (2x)	Triple Back-Rock	→		
7	Brush-Change	Brush-Heel-Down	r	
8	Kick-Flop-Back	Brush-Step-On	p.f.	
9-16	Wiederholung von 1-8	Pos↑	Dir↔	Ori=

Eastern Set – (Second Set)

Takt	1. Hälfte	2. Hälfte	Lokomotion	Orientierung
1	Brush-Change	Shuffle-Wash	r.p.	DS
2	Treble-Flop-Back	Brush-Step-On	p.f.	
3	Brush-Change	Shuffle-Wash	l.p.	
4	Treble-Flop-Back	Brush-Step-On	p.f.	
5-6 (2x)	Treble-Rise	→		
7	Shuffle-Step	Shuffle-Step		
8	Shuffle-Step	Essence (Bang am Ende) (↑)		
9	Brush-Flop	Spank-Flop-Back	↑90;S;C90;	DS>SL>DS
10	Brush-Step-On	Brush-Change	l	
11	Brush-Flop	Spank-Flop-Back	C90;S;↑90;	DS>SR>DS
12	Brush-Step-On	Brush-Change	r	
13	Brush-Change	Kick-Flop-Back	f.b.	
14	Tip-Step Whip-	-Flop onto-Heel		
15	Brush-Change	Brush-Step Heel-	r	
16	-Box Strike-Back(ri)	Treble-Flop-Heel		
17	Smack-Flop-Back	Smack-Flop-Back	b	
18	Brush-Step Heel-	-Box Strike-Back(l)		
19	Brush-Change	Brush-Heel-Down	r	
20	Treble-Flop-Back	Brush-Step-On		
21-40	Wiederholung von 1-20	Pos↑	Dir↔	Ori↔

**** Verse ****

Shuf-flé Hop	<i>Tre-ble</i> Hop Back	Shuf-flé Hop	<i>Tre-ble</i> Hop Back
Whip Hop Up	Whip Hop Up	Whip Hop Up	Two Threé Four
Shuf-flé Hop	<i>Tre-ble</i> Hop Back	Shuf-flé Hop	<i>Tre-ble</i> Hop Back
Shuf-flé Hop	<i>Tre-ble</i> Hop Back	Kieck Hop Back	Two Threé Four
Shuf-flé Hop	<i>Tre-ble</i> Hop Back	Shuf-flé Hop	<i>Tre-ble</i> Hop Back
Whip Hop Up	Whip Hop Up	Whip Hop Up	Two Threé Four
Shuf-flé Hop	<i>Tre-ble</i> Hop Back	Shuf-flé Hop	<i>Tre-ble</i> Hop Back
Shuf-flé Hop	<i>Tre-ble</i> Hop Back	Kieck Hop Back	Two Threé Four
Brush Hop Up	Brush Hop Up	Brush Hop Up	Hit Hop Down
Back Hop Up	Hit Hop Down	Tip Step Whip	Hop onto Hgzl
Brush Step Down	Brush Step Down	Tip Step Whip	Hop onto Hgzl
Brush Step Down	Brush Step Down	Tip Step Whip	Hop onto Hgzl
Shuf-flé Hop	<i>Tre-ble</i> Hop Back	Shuf-flé Hop	<i>Tre-ble</i> Hop Back
Shuf-flé Hop	<i>Tre-ble</i> Hop Back	Tip Step Whip	Hop onto Hgzl
Shuf-flé Hop	<i>Tre-ble</i> Hop Back	Shuf-flé Hop	<i>Tre-ble</i> Hop Back
Whip Hop Up	Whip Hop Up	Whip Hop Up	Two Threé Four
Shuf-flé Hop	<i>Tre-ble</i> Hop Back	Shuf-flé Hop	<i>Tre-ble</i> Hop Back
Shuf-flé Hop	<i>Tre-ble</i> Hop Back	Kieck Hop Back	Two Threé Four
Brush Hop Up	Brush Hop Up	Brush Hop Up	Hit Hop Down
Back Hop Up	Hit Hop Down	Tip Step Whip	Hop onto Hgzl
Brush Step Down	Brush Step Down	Tip Step Whip	Hop onto Hgzl
Brush Step Down	Brush Step Down	Tip Step Whip	Hop onto Hgzl
Shuf-flé Hop	<i>Tre-ble</i> Hop Back	Shuf-flé Hop	<i>Tre-ble</i> Hop Back
Shuf-flé Hop	<i>Tre-ble</i> Hop Back	Tip Step Whip	Hop onto Hgzl
Shuf-flé Hop	<i>Tre-ble</i> Hop Back	Shuf-flé Hop	<i>Tre-ble</i> Hop Back
Whip Hop Up	Whip Hop Up	Whip Hop Up	Two Threé Four
Shuf-flé Hop	<i>Tre-ble</i> Hop Back	Shuf-flé Hop	<i>Tre-ble</i> Hop Back
Shuf-flé Hop	<i>Tre-ble</i> Hop Back	Kieck Hop Back	Two Threé Four

Brush Step Down Hop On flurl Hop (Back)-Rock Brush Step Down	Shuf-flé Wash Down Up flurl Rock Rock Brush flézl Down	<i>Tre-ble</i> Hop Back Down Up Whip Hop (Back)-Rock Kick Hop Back	Brush Step On Hop onto flézl Rock Rock Brush Step On
Brush Step Down Hop On flurl Hop (Back)-Rock Brush Step Down	Shuf-flé Wash Down Up flurl Rock Rock Brush flézl Down	<i>Tre-ble</i> Hop Back Down Up Whip Hop (Back)-Rock Kick Hop Back	Brush Step On Hop onto flézl Rock Rock Brush Step On
Brush Step Down Brush Step Down Shuf-flé Hop Shuf-flé Step	Shuf-flé Wash Shuf-flé Wash <i>Tre-ble</i> Hop Back Shuf-flé Step	<i>Tre-ble</i> Hop Back <i>Tre-ble</i> Hop Back Shuf-flé Hop Shuf-flé Step	Brush Step On Brush Step On <i>Tre-ble</i> Hop Back On Down Bang
Brush Hop Brush Hop	Spank Hop Back Spank Hop Back	Brush Step On Brush Step On	Brush Step Down Brush Step Down
Brush Step Down Brush Step Down Smack Hop Back Brush Step Down	Kick Hop Back Brush Step flézl Smack Hop Back Brush flézl Down	Tip Step Whip Box Strike Back Brush Step flézl <i>Tre-ble</i> Hop Back	Hop onto flézl <i>Tre-ble</i> Hop flézl Box Strike Back Brush Step On
Brush Step Down Brush Step Down Shuf-flé Hop Shuf-flé Step	Shuf-flé Wash Shuf-flé Wash <i>Tre-ble</i> Hop Back Shuf-flé Step	<i>Tre-ble</i> Hop Back <i>Tre-ble</i> Hop Back Shuf-flé Hop Shuf-flé Step	Brush Step On Brush Step On <i>Tre-ble</i> Hop Back On Down Bang
Brush Hop Brush Hop	Spank Hop Back Spank Hop Back	Brush Step On Brush Step On	Brush Step Down Brush Step Down
Brush Step Down Brush Step Down Smack Hop Back Brush Step Down	Kick Hop Back Brush Step flézl Smack Hop Back Brush flézl Down	Tip Step Whip Box Strike Back Brush Step flézl <i>Tre-ble</i> Hop Back	Hop onto flézl <i>Tre-ble</i> Hop flézl Box Strike Back Brush Step On