



Nordic Slip Jig



Takt	Step	Name	Anmerkung
1-16	1. Step	Fields of Denmark	
17-32	2. Step	Woods of Sweden	
33-48	3. Step	Fjords of Norway	
49-64	4. Step	Geysers of Iceland	

Fields of Denmark – (First Step)

Takt	1. Drittel	2. Drittel	3. Drittel	Lokomotion	Orientierung
1	Toss-Straight	Toss-Hüpf	Toss-Straight	A45:2	D>D>L
2	Wash-Up	Front-Schieb	Up-Toe (F)	f	
3	(R) Snap-Down	Cut-Hop	Change	p:fr ₂	
4	Kick-Switch	Lash-Down (F)	Change	C45:2	D>L>D>L
5	Kick-Switch 8zven →		→	fr	
6	Kick-Jump 8zven →		→	fl	
7	Hop-Back	Grapevine	→	br	
8	Kick-Switch	Lash-Down (F)	Change		
9-16	Wiederholung von 1-8		Posit	Dir↔	Ori↔

Woods of Sweden – (Second Step)

Takt	1. Drittel	2. Drittel	3. Drittel	Lokomotion	Orientierung
1	Snap-Down	Cut-Hop	Change	A90:f ₅	D>L>L
2	Plain-Back	Grapevine	→	fl	
3-4 (2x)	Tip-Switch	Up Rear-Swish Down	→	fl	
5	Plain-Back	Grapevine	→	C90:r ₅	S>D>D>L
6	Hop-Straight	Hop-Back	Change		
7	Whisk	Hop-Up	Hop-Straight	f	
8	Kick-Switch	Lash-Down (F)	Change		
9-16	Wiederholung von 1-8		Posit	Dir↔	Ori↔

Fjords of Norway – (Third Step)

Takt	1. Drittel	2. Drittel	3. Drittel	Lokomotion	Orientierung
1	Turn-Over	Hop-Up	Hop-Up	C90:f ₂	D>S>R
2	Change	Toss-Up	Hop-Down (F)	C180:2:2 ₁	S>R>L>L
3	Cross-On	Rear-Drum	Hop-Up	fr	
4	Up-Twist-	-Back Up-	-Twist-Back	b	
5	Dash-Up	Push-Up	In-Toss	A45:f ₅	L>L>L>L
6	Up-Hop	Kick-Jump	Change	f	
7	Flack	Plain-Switch	Change	2C135 ₁	L>L>D>L
8	Kick-Switch	Lash-Down (F)	Change		
9-12	Wiederholung von 1-4		Posit	Dir↔	Ori↔
13-16	Wiederholung von 5-8		Posit	A45:f ₁₁ :2:4 A45:2:2 ₆	L>S>R>D>S>R>D>L

Geyzers of Iceland – (Fourth Step)

Takt	1. Drittl	2. Drittl	3. Drittl	Lokomotion	Orientierung
1	Spring	(f) flop-Whip	Hop-Up	S: f155 ₂	D S > U S L
2	Triple-Cut-Hop Cross →		→		
3	Kick-Jump	Change	Toss-Up (F)	f	
4	Down Front-Slice Up →		(f) Change	f	
5	Kick-Hop	Up-Rock	Rock-In	C45	U S L > S L
6	Kick-Hop (R)	Down-Rock	Rock-Out	C90	S L > D S
7	Dash-Up	Toe-Hop (f)	Change	f	
8	Kick-Switch	Lash-Down (F)	Change		
9-16	Wiederholung von 1-8		Posit	Dir ⇄	Ori ⇄

**** Verse ****

Toss Straight	Toss flzel	Toss Straight	Wash Up	Front Slice	Up Toe
Snap Down	Cut flop	Step Down	Kick Switch	Lash Down	Step Down
Kick Switch	Two Thre Four	Five Six Seven	Kick Jump	Two Thre Four	Five Six Seven
flop Back	Cross On	Cross Back	Kick Switch	Lash Down	Step Down
Toss Straight	Toss flzel	Toss Straight	Wash Up	Front Slice	Up Toe
Snap Down	Cut flop	Step Down	Kick Switch	Lash Down	Step Down
Kick Switch	Two Thre Four	Five Six Seven	Kick Jump	Two Thre Four	Five Six Seven
flop Back	Cross On	Cross Back	Kick Switch	Lash Down	Step Down
Snap Down	Cut flop	Step Down	and Swash	Cross On	Cross Back
Tip Switch	Up flzel	Swish Down	Tip Switch	Up flzel	Swish Down
and Swash	Cross On	Cross Back	Hop Straight	Hop Back	Step Down
and Whisk	flop Up	Hop Straight	Kick Switch	Lash Down	Step Down
Snap Down	Cut flop	Step Down	and Swash	Cross On	Cross Back
Tip Switch	Up flzel	Swish Down	Tip Switch	Up flzel	Swish Down
and Swash	Cross On	Cross Back	Hop Straight	Hop Back	Step Down
and Whisk	flop Up	Hop Straight	Kick Switch	Lash Down	Step Down
Turn Over	Hop Up	Hop Up	Step Down	Toss Up	Hop Down
Cross On	Rear Drum	Hop Up	Up Twist	Back Up	Twist Back
Dash Up	Push Up	In Toss	Up Hop	Kick Jump	Step Down
and Point	flop Back	Step Down	Kick Switch	Lash Down	Step Down
Turn Over	Hop Up	Hop Up	Step Down	Toss Up	Hop Down
Cross On	Rear Drum	Hop Up	Up Twist	Back Up	Twist Back
Dash Up	Push Up	In Toss	Up Hop	Kick Jump	Step Down
and Flack	and Switch	Step Down	Kick Switch	Lash Down	Step Down
and Spring	Hip Whip	Hop Up	Cut flop	Wipe flop	Cut flop
Kick Jump	Step Down	Toss Up	Down Front	Slice Up	Step Down
Kick flop	(Up)-Rock Out	Rock In	Kick flop	(Back)-Rock In	Rock Out
Dash Up	Toe flop	Step Down	Kick Switch	Lash Down	Step Down
and Spring	Hip Whip	Hop Up	Cut flop	Wipe flop	Cut flop
Kick Jump	Step Down	Toss Up	Down Front	Slice Up	Step Down
Kick flop	(Up)-Rock Out	Rock In	Kick flop	(Back)-Rock In	Rock Out
Dash Up	Toe flop	Step Down	Kick Switch	Lash Down	Step Down



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49-64	4. Step	Geysers of Iceland	

Fields of Denmark – (First Step)

Takt	1. Drittel	2. Drittel	3. Drittel	Lokomotion	Orientierung
1	Toss-Straight	Toss-Hüpf	Toss-Straight	145 ₂	DS>DSL
2	Wash-Up	Front-Schieb	Up-Toe (F)	f	
3	(R) Snap-Down	Cut-Hop	Change	p:fr ₂	
4	Kick-Switch	Lash-Down (F)	Change	C45 ₂	DSL>DS
5	Kick-Switch Schwenk →	→	→	fr	
6	Kick-Jump Schwenk →	→	→	fl	
7	Hop-Back	Grapevine	→	br	
8	Kick-Switch	Lash-Down (F)	Change		
9-16	Wiederholung von 1-8		Posit	Dir↔	Ori↔

Woods of Sweden – (Second Step)

Takt	1. Drittel	2. Drittel	3. Drittel	Lokomotion	Orientierung
1	Snap-Down	Cut-Hop	Change	190 _{f5}	DS>SL
2	Plain-Back	Grapevine	→	fl	
3-4 (2x)	Tip-Switch	Up Rear-Swish Down	→	fl	
5	Plain-Back	Grapevine	→	C90 _{r5}	SD>DS
6	Hop-Straight	Hop-Back	Change		
7	Whisk	Hop-Up	Hop-Straight	f	
8	Kick-Switch	Lash-Down (F)	Change		
9-16	Wiederholung von 1-8		Posit	Dir↔	Ori↔

Fjords of Norway – (Third Step)

Takt	1. Drittel	2. Drittel	3. Drittel	Lokomotion	Orientierung
1	Turn-Over	Hop-Up	Hop-Up	C90 _{f2}	DS>SR
2	Change	Toss-Up	Hop-Down (F)	C180 _{2S1}	SR>SL
3	Cross-On	Rear-Drum	Hop-Up	fr	
4	Up-Twist-	-Back Up-	-Twist-Back	b	
5	Dash-Up	Push-Up	In-Toss	145 _{f5}	SL>USL
6	Up-Hop	Kick-Jump	Change	f	
7	Flack	Plain-Switch	Change	S ₂ C135 ₁	USL>DS
8	Kick-Switch	Lash-Down (F)	Change		
9-12	Wiederholung von 1-4		Posit	Dir↔	Ori↔
13-16	Wiederholung von 5-8		Posit	145 _{f11S4} 145 _{2S6}	USR>DSR>DS

Geysers of Iceland – (Fourth Step)

Takt	1. Drittel	2. Drittel	3. Drittel	Lokomotion	Orientierung
1	Spring	(1) Hop-Whip	Hop-Up	S ₁ 1135 ₂	DS>USL
2	Triple-Cut-Hop Cross	→	→		
3	Kick-Jump	Change	Toss-Up (F)	f	
4	Down Front-Schieb Up	→	(1) Change	f	
5	Kick-Hop	Up-Rock	Rock-In	C45	USL>SL
6	Kick-Hop (R)	Down-Rock	Rock-Out	C90	SL>DS
7	Dash-Up	Toe-Hop (1)	Change	f	
8	Kick-Switch	Lash-Down (F)	Change		
9-16	Wiederholung von 1-8		Posit	Dir↔	Ori↔

**** Verse ****

Toss Straight	Toss Hzzl	Toss Straight	Wash Up	Front Slicz	Up Toz
Snap Down	Cut flop	Step Down	Kick Switch	Lash Down	Step Down
Kick Switch	Two Thrz Four	Five Six Szven	Kick Jump	Two Thrz Four	Five Six Szven
flop Back	Cross On	Cross Back	Kick Switch	Lash Down	Step Down
Toss Straight	Toss Hzzl	Toss Straight	Wash Up	Front Slicz	Up Toz
Snap Down	Cut flop	Step Down	Kick Switch	Lash Down	Step Down
Kick Switch	Two Thrz Four	Five Six Szven	Kick Jump	Two Thrz Four	Five Six Szven
flop Back	Cross On	Cross Back	Kick Switch	Lash Down	Step Down
Snap Down	Cut flop	Step Down	and Swash	Cross On	Cross Back
Tip Switch	Up Hzzl	Swish Down	Tip Switch	Up Hzzl	Swish Down
and Swash	Cross On	Cross Back	Hop Straight	Hop Back	Step Down
and Whisk	Hop Up	Hop Straight	Kick Switch	Lash Down	Step Down
Snap Down	Cut flop	Step Down	and Swash	Cross On	Cross Back
Tip Switch	Up Hzzl	Swish Down	Tip Switch	Up Hzzl	Swish Down
and Swash	Cross On	Cross Back	Hop Straight	Hop Back	Step Down
and Whisk	Hop Up	Hop Straight	Kick Switch	Lash Down	Step Down
Turn Over	Hop Up	Hop Up	Step Down	Toss Up	Hop Down
Cross On	Rear Drum	Hop Up	Up Twist	Back Up	Twist Back
Dash Up	Push Up	In Toss	Up flop	Kick Jump	Step Down
and Point	Hop Back	Step Down	Kick Switch	Lash Down	Step Down
Turn Over	Hop Up	Hop Up	Step Down	Toss Up	Hop Down
Cross On	Rear Drum	Hop Up	Up Twist	Back Up	Twist Back
Dash Up	Push Up	In Toss	Up flop	Kick Jump	Step Down
and Flack	and Switch	Step Down	Kick Switch	Lash Down	Step Down
and Spring	Hip Whip	Hop Up	Cut flop	Wipe flop	Cut flop
Kick Jump	Step Down	Toss Up	Down front	Slicz Up	Step Down
Kick flop	(Up)-Rock Out	Rock In	Kick flop	(Back)-Rock In	Rock Out
Dash Up	Toz flop	Step Down	Kick Switch	Lash Down	Step Down
and Spring	Hip Whip	Hop Up	Cut flop	Wipe flop	Cut flop
Kick Jump	Step Down	Toss Up	Down front	Slicz Up	Step Down
Kick flop	(Up)-Rock Out	Rock In	Kick flop	(Back)-Rock In	Rock Out
Dash Up	Toz flop	Step Down	Kick Switch	Lash Down	Step Down