



# Loughs of Ireland



Takt	Step	Name	Anmerkung
1-16	1. Step	Lough Derg	
17-32	2. Step	Lough Corrib	
33-48	3. Step	Lough Neagh	

## Lough Derg – (First Step)

Takt	1. Drittel	2. Drittel	3. Drittel	Lokomotion	Orientierung
1	Cut-flop	Plain-Point	Hop-Back	S <sub>2</sub> C45 <sub>1</sub>	D>D>R
2	Dragonfly	Up Cast-Bird-Jump	→	f	
3	Up Cast-Jump On	→	Crosskey	f <sub>2</sub> p <sub>1</sub>	
4	Whisk-Down	Change-Point	Hop-Back	C90 <sub>1</sub> S <sub>2</sub>	D>R>U>S>R
5	Cut-flop	Plain-Point	Hop-Back	S <sub>2</sub> 190 <sub>1</sub>	U>S>D>S>R
6	Turn-Over	Up-flop-Up	Change	1135 <sub>1</sub> f <sub>2</sub>	D>S>D>S
7	Toss-Up	Sway	→	f <sub>2</sub> p <sub>1</sub>	
8	Fan	Plain-Point	Hop-Back	S <sub>2</sub> 190 <sub>1</sub>	S>L>U>S
9-16	Wiederholung von 1-8		Pos↑	Dir↔	Ori↑

## Lough Corrib – (Second Step)

Takt	1. Drittel	2. Drittel	3. Drittel	Lokomotion	Orientierung
1	Hop-Back	Kick-Switch	Wrap	C90 <sub>1</sub> S <sub>2</sub>	D>S>S>R
2	Cut-flop	Step-In	Toss-Up	f	
3	Dash-Up	Change	Up Cast-	f <sub>2</sub> 1135 <sub>1</sub>	S>R>S>R
4	-Jump On (1)	Change	Hop-Up (F)	↓	↓
5	Down Cast-Jump On	→	Hop-Straight	190	S>R>D>S
6	Snap-Down	Wrapcut	Kick-Switch		
7	Stir-Up (F)	(R) Snap-Rock	Rock-Out		
8	Hop-Straight	Snap-Down	Side-Pincerswitch		
9-16	Wiederholung von 1-8		Pos↑	Dir↔	Ori↔

## Lough Neagh – (Third Step)

Takt	1. Drittel	2. Drittel	3. Drittel	Lokomotion	Orientierung
1-2 (2x)	Wash-Up	In-Toss	Step-In	C45 <sub>1</sub> f <sub>11</sub>	D>S>D>S>R
3	Cross-On	Change	(R) Snap-Down	1190	D>S>R>D>S>L
4	Pincerswitch	Zigzag	Double-Twizzle		
5	Double-Twizzle	Plain-Point	Plain-Point		
6	Cut-flop	Toss-Up	Hop-Straight	190 <sub>1</sub> f <sub>5</sub>	D>S>L>U>S>L
7	Wash-Up	Change	Wash-Up	f	
8	Shake-Swirl	Change	Toss-Up	S <sub>2</sub> C135 <sub>1</sub>	U>S>L>D>S
9-16	Wiederholung von 1-8		Pos↑	Dir↔	Ori↔

\*\*\*\* Verse \*\*\*\*

Cut flop	and Point	Hop Back	Dragon-fly	Up Cast	Bird Jump
On Cast	Jump On	Cross-key	Whisk Down	Step Down Point	Hop Back
Cut flop	and Point	Hop Back	Turn Over	Up flop Up	Step Down
Toss Up	Swag Up	and Down	and Fan	and Point	Hop Back
Cut flop	and Point	Hop Back	Dragon-fly	Up Cast	Bird Jump
On Cast	Jump On	Cross-key	Whisk Down	Step Down Point	Hop Back
Cut flop	and Point	Hop Back	Turn Over	Up flop Up	Step Down
Toss Up	Swag Up	and Down	and Fan	and Point	Hop Back
Hop Back	Kick Switch	and Wrap	Cut flop	Step In	Toss Up
Dash Up	Step Down	Up Cast	Jump On	On Down	Hop Up
Down Cast	Jump On	Hop Straight	Snap Down	Wrap-cut	Kick Switch
Stir Up	Snap Rock	and Rock	Hop Straight	Snap Down	Pineer-Switch
Hop Back	Kick Switch	and Wrap	Cut flop	Step In	Toss Up
Dash Up	Step Down	Up Cast	Jump On	On Down	Hop Up
Down Cast	Jump On	Hop Straight	Snap Down	Wrap-cut	Kick Switch
Stir Up	Snap Rock	and Rock	Hop Straight	Snap Down	Pineer-Switch
Wash Up	In Toss	Step In	Wash Up	In Toss	Step In
Cross On	Step Up	Snap Down	Pineer-switch	Zig-zag	Twizzle Twizzle
Twizzle Twizzle	and Point	and Point	Cut flop	Toss Up	flop Straight
Wash Up	Step Down	Wash Up	Shake Swirl	Step Down	Toss Up
Wash Up	In Toss	Step In	Wash Up	In Toss	Step In
Cross On	Step Up	Snap Down	Pineer-switch	Zig-zag	Twizzle Twizzle
Twizzle Twizzle	and Point	and Point	Cut flop	Toss Up	flop Straight
Wash Up	Step Down	Wash Up	Shake Swirl	Step Down	Toss Up