



Albain Jig



Takt	Step	Name	Anmerkung
1-16	1. Step	Saltire	
17-32	2. Step	Lion Rampant	
33-48	3. Step	Thistle of Pride	

Saltire – (First Step)

Takt	1. Hälfte	2. Hälfte	Lokomotion	Orientierung
1	Kick-Ram	Side-Pincerswitch		DS
2	Shake-Swirl	Snap-Down	S.145.	DS>DSL
3	Toss-Change	Cast-Toss-Up	f	
4	Hop-Front-Grind	→	f	
5	Swivel	Hop-Up (F)	180.f.	DSL>USR
6	Hop Cast-Bird-Jump On	→	f	
7	Hop-Toe	Wash-Down (F)		
8	Hop-Rear-Grind	→	135	USR>DS
9-16	Wiederholung von 1-8	Pos⇄	Dir⇄	Ori⇄

Lion Rampant – (Second Step)

Takt	1. Hälfte	2. Hälfte	Lokomotion	Orientierung
1	Stab-Up	Crosskey		DS
2	Hop-Up	In-Toss	f	
3	Up Lightning On (1)	→	f	
4	Up Swizzle Up (1)	→	f	
5	Cut-Hop	Thre	180	DS>US
6	Back-Rock	Down-Rock		
7	Dragonfly	Wrap		
8	Hop-Rear-Grind	→	b	
9-16	Wiederholung von 1-8	Pos⇄	Dir⇄	Ori⇄

Thistle of Pride – (Third Step)

Takt	1. Hälfte	2. Hälfte	Lokomotion	Orientierung
1	Wrapeut Heel-	-Drum Heel-Drum	fr	DS
2	Hop-Rear-Grind (F)	→	b	
3	(R) Snap-Down	Wash-Up	b.f.	
4	Sliecut	Up-Twist(Back)	f>b:	
5	Twist(Back-Twist(Back)	Hop-Back	b	
6	(R) Hop-Toe	Hop-Up	p.f.	
7	Up Cast-Bird-Jump On (1)	→	f	
8	Hop-Front-Grind	→		
9-16	Wiederholung von 1-8	Pos⇄	Dir⇄	Ori=

**** Verse ****

Kick Ram	Pincer Switch	Shake Swirl	Snap Down
Toss Step Down	Cast Toss Up	Hop One	Two Three Four
Swi-vzl	Hop Up	Hop Cast	Bird Jump On
Hop Toe	Lash Down	Kick Hop Back	Two Three Four

Kick Ram	Pincer Switch	Shake Swirl	Snap Down
Toss Step Down	Cast Toss Up	Hop One	Two Three Four
Swi-vzl	Hop Up	Hop Cast	Bird Jump On
Hop Toe	Lash Down	Kick Hop Back	Two Three Four

Stab Up	Cross-key	Hop Up	In Toss
Up Light-	-ning On	Up Swiz-	-zle Up
Cut Hop	Two Thre	Hop (Back)-Rock	lift (Down)-Rock
Dragon-fly	and Wrap	Kick Hop Back	Two Three Four

Stab Up	Cross-key	Hop Up	In Toss
Up Light-	-ning On	Up Swiz-	-zle Up
Cut Hop	Two Thre	Hop (Back)-Rock	lift (Down)-Rock
Dragon-fly	and Wrap	Kick Hop Back	Two Three Four

Wrap Cut Hazel	Drum Hazel Drum	Kick Hop Back	Two Three Four
Cast Snap Down	Wash Up	Cast Sliez Cut	Up Twist
Twist Twist	Hop Back	Hop Toe	Hop Up
On Cast	Bird Jump On	Hop One	Two Three Four

Wrap Cut Hazel	Drum Hazel Drum	Kick Hop Back	Two Three Four
Cast Snap Down	Wash Up	Cast Sliez Cut	Up Twist
Twist Twist	Hop Back	Hop Toe	Hop Up
On Cast	Bird Jump On	Hop One	Two Three Four