



Mountain Hop Jig



Takt	Step	Name	Anmerkung
1-16	Lead Out	Ring of Kerry	Lead Around
17-32	Side Step	Giant's Causeway	
33-48	1. Step	Rock of Cashel	
49-64	2. Step	The Twelve Bens	
65-80	Lead Back	Ring of Kerry	Lead Around

Ring of Kerry – (Lead Out)

Takt	1. Hälfte	2. Hälfte	Lokomotion	Orientierung
1	Step-In	Cut-Hop	fC180	S>C>S>R
2	Slash & Swash	→	↓	↓
3-4 (2x)	Kick-Jump	Threze	↓	↓
5	Kick-Hop	Threze	↓	↓
6	Run-On	(R) Snap-Down	↓.190.	↓>S>D>S
7-8	Kick-Jump Side-Seven	→→→		
9-16	Wiederholung von 1-8	Pos↑	C90,fC180,C90.S>D>S>R>C>S>D>S	

Giant's Causeway – (Side Step)

Takt	1. Hälfte	2. Hälfte	Lokomotion	Orientierung
1	Wash-Step	In-Step (F)	r	D>S
2	Wash-Toe	Hop-Swash	r	
3	Hazel-Box	Ball-Roll-Back		
4	Hop-Swash	Threze	r	
5	Wash-Step	In-Straight	r	
6	Hop-Back	Threze		
7-8	Cut-Hop Side-Seven	→→→		
9-16	Wiederholung von 1-8	Pos↑	Dir↔	Ori=

Rock of Cashel – (First Step)

Takt	1. Hälfte	2. Hälfte	Lokomotion	Orientierung
1	Wash-Up	Hop-Up (F)	C45,f5	D>D>S>R
2	In Kick-Jump On	→	f	
3	(R) Toss-Straight	Toss-Hazel		
4	Hop-Straight	Hop-Back	S.190.	D>S>R>D>S>L
5	Wash-Stub	Hop-Up		
6	Cast-Toss	Turn-Tip	S.C45.	D>S>L>D>S
7-8	Plain-Wash Side-Seven	→→→		
9-16	Wiederholung von 1-8	Pos↑	Dir↔	Ori↔

The Twelve Bens – (Second Step)

Takt	1. Hälfte	2. Hälfte	Lokomotion	Orientierung
1	Plain-Wash	Three	Ci55fs	D>UR
2	Swag	→	f	
3	Kick-Switch	Wash-Down (F)	C225	UR>D
4	Hop Rear-Swish Down	→	fl	
5	Kick-Switch	Wash-Top	C225	UR>D)
4	Down Rear-Swish Down	→	fl)	
5	Wash-Stab	Hop Turn-	Si1A5	D>D
6	-Over Spin-Rear Down	→	↓	↓
7-8	Kick-Jump Side-Seven	→→→		
9-16	Wiederholung von 1-8	Pos↑	Dir↔	Ori↔

Ring of Kerry – (Lead Back)

Takt	1. Hälfte	2. Hälfte	Lokomotion	Orientierung
1	Step-In	Cut-Hop	feCi80	S>Cl>SR
2	Slash & Swash	→	↓	↓
3-4 (2x)	Kick-Jump	Three	↓	↓
5	Kick-Hop	Three	↓	↓
6	Run-On	(R) Snap-Down	↓.190.	↓>SR>D
7-8	Kick-Jump Side-Seven	→→→		
9-16	Wiederholung von 1-8	Pos↑	C90,feCi80,C90S, D>SR,Cl>Sl>D	

**** Verse ****

Step In	Cut Hop	Kick Slash	and Swash
Kick Jump	Two Threë	Kick Jump	Two Threë
Kick Hop	Two Threë	Run On	Snap Down
Kick Jump	Two Threë	Side Fiße	In Seven
Step In	Cut Hop	Kick Slash	and Swash
Kick Jump	Two Threë	Kick Jump	Two Threë
Kick Hop	Two Threë	Run On	Snap Down
Kick Jump	Two Threë	Side Fiße	In Seven
Wash Step	In Step	Lash Top	Hop Swash
Hazel Box	Ball Roll Back	Hop Swash	Two Threë
Wash Step	In Straight	Hop Back	Two Threë
Cut Hop	Two Threë	Side Fiße	In Seven
Wash Step	In Step	Lash Top	Hop Swash
Hazel Box	Ball Roll Back	Hop Swash	Two Threë
Wash Step	In Straight	Hop Back	Two Threë
Cut Hop	Two Threë	Side Fiße	In Seven
Wash Up	Hop Up	In Kick	Jump On
Toss Straight	Toss Hazel	Hop Straight	Hop Back
Wash Stab	Hop Up	Cast Toss	Turn Tip
and Wash	Two Threë	Side Fiße	In Seven
Wash Up	Hop Up	In Kick	Jump On
Toss Straight	Toss Hazel	Hop Straight	Hop Back
Wash Stab	Hop Up	Cast Toss	Turn Tip
and Wash	Two Threë	Side Fiße	In Seven
and Wash	Two Threë	Sway Up	and Down
Kick Switch	Lash Down	Hop Hazel	Swish Down
(Kick Switch	Lash Top	Down Hazel	Swish Down)
Wash Stab	Hop Up	Turn On	Spin Down
Kick Jump	Two Threë	Side Fiße	In Seven
and Wash	Two Threë	Sway Up	and Down
Kick Switch	Lash Down	Hop Hazel	Swish Down
(Kick Switch	Lash Top	Down Hazel	Swish Down)
Wash Stab	Hop Up	Turn On	Spin Down
Kick Jump	Two Threë	Side Fiße	In Seven
Step In	Cut Hop	Kick Slash	and Swash
Kick Jump	Two Threë	Kick Jump	Two Threë
Kick Hop	Two Threë	Run On	Snap Down
Kick Jump	Two Threë	Side Fiße	In Seven
Step In	Cut Hop	Kick Slash	and Swash
Kick Jump	Two Threë	Kick Jump	Two Threë
Kick Hop	Two Threë	Run On	Snap Down
Kick Jump	Two Threë	Side Fiße	In Seven