



Ferian Women



Takt	Step	Name	Anmerkung
1-16	Lead Out	Fiona	Lead Around
17-32	Side Step	Saoirse	
33-48	1. Step	Foife	
49-64	2. Step	Maire	
65-80	Lead Back	Fiona	Lead Around

Fiona – (Lead Out)

Takt	1. Hälfte	2. Hälfte	Lokomotion	Orientierung
1	Toss-Up	Hop-Up (F)	fC180	S<C>SR
2	In Kick-Jump On	→	↓	↓
3	In-Step	On-Down	↓	↓
4	Up Kick-Hop Up	→	↓	↓
5	(R) Snap-Down	Ball-Box	190.S.	SR>DS
6	Pigeon(ri-lz)	Pigeon(lz-ri)		
7-8	Spring Side-Seven	→→→		
9-16	Wiederholung von 1-8	Pos⇄	C90fC180:C90> DS>SR<C>S<C>DS	

Saoirse – (Side Step)

Takt	1. Hälfte	2. Hälfte	Lokomotion	Orientierung
1	Hop-Up	In Kick-	f	DS
2	-Jump On	Hop-Straight	f	
3	Hop-Back	Toss-Straight	b	
4	Hop-Swash	Thre	b.l.	
5	Grapevine	→	l	
6	Zigzag	Twizzle		
7-8	Kick-Jump Toe-Drum-Side-Seven	→→→		
9-16	Wiederholung von 1-8	Pos⇄	Dir⇄	Ori=

Foife – (First Step)

Takt	1. Hälfte	2. Hälfte	Lokomotion	Orientierung
1	Kick-Hop	Plain-Point		DS
2	Hop-Back	Thre	C45.f.	DS>DSR
3	Up Kick-Jump On	→	f	
4	In Kick-Hop Snap	→	f	
5	Down-Straight	Toss-Straight		
6	Hop-Back	Thre	135.S.	DSR>S<
7-8	Yank (A) Side-Seven	→→→		
9-16	Wiederholung von 1-8	Pos⇄	Dir⇄	Ori190⇄

Máire – (Second Step)

Takt	1. Hälfte	2. Hälfte	Lokomotion	Orientierung
1	Flick	Toss-Up	♩C45.f.	↻↻↻↻
2	Change	Hop-Back	f.p.	
3	Wash-Up	In Kick-	f	
4	-Hop Up	(R) Snap-Down	f.†225.	↻↻↻↻
5	Up Kick-Jump Snap	→	f	
6	Down-Straight	Hop-Back	♩.C180.	↻↻↻↻
7-8	Flack Sidz-Ševzn	→→→		
9-16	Wiederholung von 1-8	Pos†	Dir↔	Ori↔

Fiona – (Lead Back)

Takt	1. Hälfte	2. Hälfte	Lokomotion	Orientierung
1	Toss-Up	Hop-Up (f)	fC180	↻↻↻↻
2	In Kick-Jump On	→	↓	↓
3	In-Step	On-Down	↓	↓
4	Up Kick-Hop Up	→	↓	↓
5	(R) Snap-Down	Ball-Box	†90.♩.	↻↻↻↻
6	Pigeon(ri-le)	Pigeon(le-ri)		
7-8	Spring Sidz-Ševzn	→→→		
9-16	Wiederholung von 1-8	Pos†	C90,fC180:C90.♩.	↻↻↻↻↻↻↻↻

**** Verse ****

Toss Up In Step Snap Down and Spring	Hop Up On Down Ball Box Two Threε	In Kick Up Kick Pi-gzon Side Fivε	Jump On Hop Up Pi-gzon In Seven
Toss Up In Step Snap Down and Spring	Hop Up On Down Ball Box Two Threε	In Kick Up Kick Pi-gzon Side Fivε	Jump On Hop Up Pi-gzon In Seven
Hop Up Hop Back Cross On Kick Jump	In Kick Toss Straight Cross Back Toe Drum	Jump On Hop Swash Zig-zag Side Fivε	Hop Straight Two Threε Twiz-zle Toe Drum
Hop Up Hop Back Cross On Kick Jump	In Kick Toss Straight Cross Back Toe Drum	Jump On Hop Swash Zig-zag Side Fivε	Hop Straight Two Threε Twiz-zle Toe Drum
Kick Hop Up Kick Down Straight and Yank	and Point Jump On Toss Straight Two Threε	Hop Back In Kick Hop Back Side Fivε	Two Threε Hop Snap Two Threε In Seven
Kick Hop Up Kick Down Straight and Yank	and Point Jump On Toss Straight Two Threε	Hop Back In Kick Hop Back Side Fivε	Two Threε Hop Snap Two Threε In Seven
and Flick Wash Up Up Kick and Flack	Toss Up In Kick Jump Snap Two Threε	Step In Hop Up Down Straight Side Fivε	Hop Back Snap Down Hop Back In Seven
and Flick Wash Up Up Kick and Flack	Toss Up In Kick Jump Snap Two Threε	Step In Hop Up Down Straight Side Fivε	Hop Back Snap Down Hop Back In Seven
Toss Up In Step Snap Down and Spring	Hop Up On Down Ball Box Two Threε	In Kick Up Kick Pi-gzon Side Fivε	Jump On Hop Up Pi-gzon In Seven
Toss Up In Step Snap Down and Spring	Hop Up On Down Ball Box Two Threε	In Kick Up Kick Pi-gzon Side Fivε	Jump On Hop Up Pi-gzon In Seven